Sports activities

Our sports facility on the Center grounds is suitable for football (soccer), volleyball, and much more.

Soccer

Our football team HELIX NEUHERBERG is an amateur team and was founded in 2005. The team has played in the second „old mens league of the Royal Bavarian League (RBL)" since 2006. However, only members are allowed to participate in matches and training. As a registered player you are insured for accidents during practice and games. For more informations:

http://www.helmholtz-muenchen.de/fussball

Exercise classes

The Social Welfare Association offers exercise classes and back exercise training. Members of the Social Welfare Association receive discounts and priority registration for these courses.

Please note: As a new member you will have a waiting period of 3 months in our sports.

The Social Welfare Association is located in Building 52a

All offers of the Social Welfare Association at a glance

- Sports groups (exercise classes, soccer)
- Holiday apartments rented out by the Social Wel fare Association
- Theater tickets at special rates

Discounted passes for shopping at the following stores:

- METRO Wholesale Market
- Schustermann und Borenstein
- Hagebau-Hardware Stores
- Sport-Bittl

Discount coupon books Food & Beverage and Spa for Munich and / or surrounding areas.

Members who are reintegrated after a long illness, can spend a **free week recreation vacation** in one of our apartments.

Executive Board

President: Dr. Dieter Ernst
Vice President: Heinrich Baßler
Treasurer: Sylvia Manglkammer

Contact for cultural activities and apartments

Helmut Kirsch Phone: 089/3187-2267
Claudia Zeller Phone: 089/3187-3018
Manuela Rother Phone: 089/3187-2368

E-Mail: sozialwerk@helmholtz-muenchen.de

Through **your** membership you help **us** assist colleagues in need of support in an emergency. Membership also enables you to take advantage of the offers of the Social Welfare Association at favorable rates. Membership in the Social Welfare Association is open to anyone – whether or not an employee at Helmholtz Zentrum München.

Imprint
Sozialwerk
im Helmholtz Zentrum München e.V.
Ingolstädter Landstraße 1
85764 Neuherberg
Germany

HelmholtzZentrum münchen
Deutsches Forschungszentrum für Gesundheit und Umwelt

Social Welfare Association in Helmholtz Zentrum München

Sozialwerk

im Helmholtz Zentrum München e.V.

c/o Helmholtz Zentrum München
German Research Center for Environmental Health

Ingolstädter Landstraße 1
85764 Neuherberg
Germany

Visit our Website at:

http://www.helmholtz-muenchen.de/sozialwerk

The **Social Welfare Association** in Helmholtz Zentrum München is an association that enables its members to supplement existing social benefits and/or – as far as possible within the capabilities of the Association – to provide support and assistance in cases of social hardship.

The Social Welfare Association has rented apartments in Abtenau and in Saalfelden, which are available to the members at favorable rates.

Other offers such as discounts at certain stores (e.g. OBI) or do-it-yourself car repairs in the Center´s workshop are also available to members. Discounted tickets for theater, opera or concerts in Munich are also included in the offers.

Since April 22, 1999 the Social Welfare Association has been registered in the association register of the Munich district court.

Tasks and Objectives

- ♥ Promotion of health through provision of sports and leisure activities
- ♥ Support of people in need, especially elderly, ill or disabled people
- ♥ Assistance and support of association members and their families in social, health and cultural matters
- ♥ Assistance in cases of social hardship
- ♥ Support of child care in the Center
- ♥ Promotion and implementation of measures for adult and family recreation

Bank Account:
Sozialwerk im Helmholtz Zentrum München e.V.
Münchner Bank e.G.
Konto-Nr. 2207346
BLZ: 70190000
IBAN: DE13 7019 0000 0002 2073 46
BIC: GENODEF 1M01

Title graphic:

Norbert Höchtlen, modified.

4-room holiday apartment in Abtenau / Salzburger Land

The 115 m², second floor apartment is located near the ski lift.

Description and features:
Large living room-kitchen with wood stove and dishwasher, cozy living-room with sofa bed (2 persons), cable-tv, W-Lan, 2 bedrooms with king-size beds, bathroom with shower and bathtub, separate toilet, balcony and big terrace. Max. 7-8 persons.

Leisure activities:
Salzburg, "World of Ice Giants" (ice caves) in Werfen, Wolfgangsee, Hallstädter See, Dampf-Zahnradbahn and much more.
Summer:
Hiking on the Postalm, mountaineering in the Dachstein mountains, rafting, funsports like Segway, Scooter, tobogganing.
Winter:
110 km Cross-country skiing,
Alpine skiing: Skicircus Dachstein, snow hiking, tobogganing, sleigh rides.

3-room holiday apartment in Saalfelden / Salzburger Land

Approx. 80 m² top floor apartment with 2 same sized bedrooms

Description and features:
Living room-kitchen with microwave, coffee machine; bathroom with tub and shower enclosure, separate toilet, small balcony; barbecue in the garden. The apartment can sleep up to **6 persons**: 2 bedrooms, each with double bed, additional bed in the living room (sofa bed, extra beds).

Leisure activities:
Kaprun (reservoir), "World of Ice Giants" (ice caves) in Werfen, mountain excursion destination Schmittenhöhe, Bad Gastein, Dachstein, etc.
Summer: Hiking, mountain biking, summer toboggan run, minigolf, riding, several golf courses.
Winter: Skicircus Saalbach-Hinterglemm, skicircus Maria-Alm/Hochkönig, cross-country skiing, snow hiking, tobogganing.